

# Health Class Curriculum Map & Unit Overview

## 6th, 7th, & 8th Grade - Quarterly CLASS - Community View

### 6th Grade Health - **Weebly Unit Description**

Week 1	Intro to Health Class & CPR Unit
Week 2	First Aid & Safety Unit <small>*Includes bicycle &amp; walking safety</small>
Week 3	Health Careers Unit
Week 4	Decision Making Unit <small>*Includes Erin's Law</small>
Week 5	Tobacco & Vaping Unit
Week 6-7	Wellness Unit
Week 7-9	Puberty & Hygiene Unit <small>*Exemption option</small>

### 7th Grade Health - **Weebly Unit Descriptions**

Week 1	Intro to Health Class & CPR Unit
Week 2-3	Body Systems Unit
Week 3-4	NonCommunicable Diseases Unit <small>*Includes intro to drug risks</small>
Week 5-7	Stress Management Unit
Week 8-9	Mental Illness Unit <small>*Includes Erin's Law</small>

### 8th Grade Health - **Weebly Unit Descriptions**

Week 1	Intro to Health Class & CPR Unit
Week 2-3	Alcohol & Drugs Unit <small>*Includes substance abuse &amp; steroids</small>
Week 3-4	Nutrition Unit
Week 7-9	Healthy Relationships, Abstinence, STDS, Human Growth & Development, Communication Unit <small>*Includes Erin's Law</small>