



GET IN STEP WITH THE Y! YOUTH RUNNING EVENTS

THE Y RUN 5K AND SUPER KIDS FUN RUN

May 21 • Downtown Glen Ellyn

Open to everyone—from seasoned runners to those who've never run, our USATF-certified race is about promoting a healthy lifestyle and being active with your family, friends and community. And for kids age 7 and younger, there's the Super Kids Fun Run—with capes!

Race start: 8 a.m.

Super Kids Fun Run: 9 a.m.

\$35 in advance, \$40 day of event

\$10 Super Kids Fun Run

www.brriallymca.org/Yrun

SPLASH AND DASH YOUTH AQUATHLON

June 4 • B.R. Ryall YMCA



This unique new youth event, sanctioned by USA Triathlon, features a combination of swimming and running. Focused on participation rather than competition, it exposes youth to the exciting world of multisport.

Ages 7-10 100 meter swim 1 kilometer run

Ages 11-15 200 meter swim 2 kilometer run

\$35 (includes \$10 USA Triathlon fee)

www.brriallymca.org/splash

B.R. RYALL YMCA of Northwestern DuPage County • 49 Deicke Drive, Glen Ellyn • 630.858.0100 • www.brriallymca.org